

## Terry Williams: '2 Dangerous Things A Year' Presentation Summary

**Change: Why you should; why you don't; how you can.**

A session for leaders preparing their team for change. Most people are unprepared for change. You'll learn why. You'll learn benefits making the effort and risk to change worthwhile. You'll learn an 8-part framework to get past those obstacles, build momentum & muscle through when it's tough. Engaging & entertaining, this distinctive session starts with Terry's own story of doing 2 dangerous things a year, including becoming a stand-up comedian. It flows interactively into a series of practical takeaway tools for anyone to better handle change at work & in life.

I talk about you deliberately doing things that scare you to exercise your resilience muscles and to stretch and develop yourself - to get better at getting better. For you, your colleagues, your friends and family, it leads to a happier more productive life and less regrets looking back. I'm no one special. I'm just like you. I'm no adventurer like Indiana Jones. I'm no daredevil like Evil Knievel. I'm certainly no life-risking, challenge-smasher like Felix Baumgartner who based jumped from a balloon in space. But, I have since 2001 done 2 dangerous things a year. Dangerous by my own definition - things that scared, stretched and challenged me and yes even a few things that were literally dangerous by anyone's definition. I focus on my dangerous journey into becoming a stand-up comedian. I'm not talking about the glib cliché of 'do something every day that scares you'. I'm talking about 2 things a year that have big pay-offs but could also go wrong.

I've experienced the benefits. I've done the study. I share these with my audience. More specifically, I encourage you, provoke you, and tool you up to do your own 'dangerous' things - to **test yourself regularly so you're ready when life tests you later.**

Firstly, most people do not challenge themselves deliberately, proactively and frequently. I tell you why not. Secondly, those that do challenge themselves deliberately, proactively and frequently reap the benefits of significant personal growth across their life and I tell you what those benefits can be. Thirdly, I provide you an 8-part framework to get past those obstacles, get you started, keep you going, AND pass these ideas and encouragement onto others you care about.

### **Who Would Benefit:**

- Professionals and workplace leaders attempting to prepare or improve their and their team's resilience for inevitable stresses and changes.
- Sales managers wanting to move their people away from inertia.
- Educators and community leaders wanting to safely provoke positive change.
- Leaders trying to snap their teams out of complacency and encourage their people to develop themselves personally and professionally.
- Professional associations wanting to experience a session with practical, relevant and appropriate content that is interactive, memorable and engaging.

## Client Comments:

"Terry is a delight. His energy and enthusiasm is contagious and his presentation hit the perfect note for our conference. He had the audience in the palm of his hand whilst sharing some great insights and nuggets of truth for everyone to take away. I would absolutely recommend Terry as a Key Note speaker" – Susan Doughty, RemNet

"Great feedback from delegates regarding your presentation, rating 4.8 for facilitation out of a maximum of 5.0 (which I might add I've never seen delegates rate up to!)" – Diane Robinson, RemNet

"Terry presented in a humorous manner very imperative information for business managers/leaders to use in their workplaces, to influence those people around them. 83% of attendees (senior finance managers) rated Terry as excellent." – Megan Alexander, GM, Robert Half International

"WEX are an IT Company who have experienced phenomenal growth and the challenges it presents. Terry presented a seminar on Change, and provided insights into the different personality types that make up the office environment. Presented with more than a touch of humour overlaying a serious message, the office was alive and buzzing afterwards." – Simone Turin, WEX

"We, as a team, enjoyed your honest, practical and straightforward (yet impactful and valuable) presentation (and training).....not to mention the wonderful humour." - Shimrath Paul, Chief Executive, Otago Museum

"Your seminar helped transform our company in terms of building and keeping an effective team. I am a chronic sceptic of business seminars and the slightly evangelical feel that many of them have. Your presentation was focused on practical ideas from the real world, and all the better for it." - Kevin Townsend, CEO, KeedUp.com

[Videos available at www.2dangerousthingsayear.com](http://www.2dangerousthingsayear.com)

Terry Williams is an expert, author & motivational speaker on engaging people. A trainer and facilitator for over 25 years, he's also a columnist in 'Employment Today' magazine. His book 'The Brain-Based Boss' takes psychological research and makes it interesting & useful for people wanting to engage the people they work with or influence. Terry is also a comedian, performing in several NZ International Comedy Festivals, as well as Australia, Singapore and the US, plus cruise ships.